



A FEW REMINDERS

Please meet in the lobby of Chapel Rock by 8:00am on Monday, June 18th. We will return on Saturday, June 23rd around 2:30. We will be staying at Hope College in Holland, Michigan.

WHAT TO BRING

- (Please label suitcase and garbage bag with your full name.)
- Only 1 large suitcase/bag per person and a garbage bag for bedding.
- Only 1 carryon per person (backpack size)
- Bible/a couple of pens or pencils
- Prescription medication
- Towels, washcloths, deodorant, soap, etc.
- Clothing for 5 days (High of 85° and low of 57°)
- An alarm clock
- \$\$\$ for 3 "fast food" meals on the road, stores in Holland, offering, + MOVE Station
- Swimming suit (One piece preferred, tankinis are acceptable if they cover the stomach.)
- Athletic equipment for recreation time (optional)

WHAT NOT TO BRING

- Alcohol, cigarettes, drugs, etc
- Refrigerators or air-conditioners (Hey, people have tried it.)

CHRIST IN YOUTH DRESS CODE

Absolutely Acceptable: Cut-off sweatshirts, mesh tights, legwarmers, high tops, neon sunglasses, side ponytails, parachute pants, mix-matched converse, space suit, slap bracelets, puffy sleeves, fanny packs (these are encouraged)

Unacceptable: Short shorts, sagging pants, bikinis, miniskirts, spaghetti straps, low-cut tops, clothes that are not your size (too tight)